# **Tools For Action**

An inventory of nutrition and physical activity interventions in Wisconsin

## Program Name

## **FEAST** (nutrition coalition)

### **Contact Information**

Main Contact Person		
Amy Syverson		
Title of Main Contact		
Coordinator		
<b>Agency Affiliation of Contact</b>		
<b>Contact Phone Number</b>		
Contact Email Address		
amy_syverson@yahoo.com		
amy_syverson@yahoo.com		

### **Program Information**

Type of Program
Coalition
Year Coalition was Formed
2001
Primary program focus
Nutrition
Region
Northern
County
Ashland & Bayfield
Coalition Web Site Address

## **Program Information**

<b>Represented Groups on Coalition</b>	Represented Professions on Coalition
Community	Citizen Rep
Government	Dietitian
Health Care	Educator
Health Dept	Media
Media	Nurse
University	Physician
UW-EX	Other
WIC	
Other	

A Wisconsin Nutrition and Physical Activity Program



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## **Intervention Name**

## **Mobile Farmers' Market**

#### **Intervention Information**

Type of Intervention:	
Nutrition Environment	
Focus Area:	
Adequate food	
Intervention Site or Setting:	
Community	
<b>Scope of Intervention:</b>	
Individual sites	
Target Audience:	
All races, genders and ages	
Total Population in Area Served:	
32,000	
Number of Participants:	
614	
<b>Implementation Status:</b>	
Summer-fall	

#### **Partners:**

Northwest Wisconsin Community Services Agency, UWEX, Ashland Aging Unit, Bayfield County Health Department, community volunteers

## **Unique Funding:**

A local Bayfield County Grant, probably will not be available in the future

#### **Evaluation:**

Service Provision – One-time Impact on Behavior – survey

**Evidence-Based or Best Practice based on** Known health benefits of eating more fruits and vegetables

## **Products Developed or Materials Used:**

Fruit and vegetable education cards and recipe booklet

### **Intervention Description:**

Mobile Market was given a trial run in 2003 for Senior FMNP, and in 2004 approval for WIC participants as well was received. A part time worker and a community volunteer organized the effort of collecting vegetables from farmers, and record keeping to assure accurate reimbursement. Nutrition educators provided information on using the fruits and vegetables. This was well received.